Adrienne Toubbeh holds a BS in Occupational Therapy graduating from Texas Woman's University. Adrienne is a Texas licensed and NBCOT certified occupational therapist with more than 35 years of clinical and administrative experience in the field of rehabilitation, currently in the specialization of spinal cord injury and disorders. She has been an educator of occupational therapy for Colleges and University programs.

Adrienne's experience includes budget planning, program development, education, coordination of care and collaboration in community engagement, including adaptive sports. She has developed numerous programs in the areas of Hand Therapy, Wheelchair Seating and Positioning, Assistive Technology, and streamlining of many services to improve access to care. Her career spans many challenging positions within the largest public health organization, including Chief of Occupational Therapy, Coordinator, Business Manager for multiple Care Lines, National Occupational Therapy Liaison working closely with the VA National program planning groups to ensure occupational therapists across the country have a voice in local, national and legislative processes.

She has been a mentor for Texas high school programs and is currently a VA National mentor for occupational and physical therapists.

She has participated in development of disability law in the US and other countries. She has also been a returning participant on the Food Network Challenge series. In her spare time, she enjoys gardening, chocolate sculpting and is a chocolatier, and enjoys time with her family and standard poodles.